

Safe, Smart and Healthy – Keys to Success in Your New Home
Personal Hygiene - 7

KIRUNDI

<p>Umupfasoni Li yari yaramenyeshewe n'abigisha bo kw'ishure umukobwa wiwe yigako ko hari abana bafise inda, agakoko gafata kumizi y'imishatsi yacitse yama asuzuma mu mizi y'imishatsi y'umukobwa wiwe kugirango arabe ko atazirwaye, arakurikiza kandi amabwirizwa yose kugirango azirwanye.</p>	<p>Mrs. Li was notified by her daughter's school that the children had been exposed to head lice, an insect that buries itself in the scalp. She had to check her daughter's head and scalp for lice and then follow specific instructions to get rid of the lice.</p>
<p>Umukobga wiwe yari akeneye amavuta yo mu umushatsi arimwo umuti wo kwica inda, hanyuma bagategerezwa kumesura ibisaswa n'impuzu zose ziri mu nzu bakoresheje amazi ashushu.</p>	<p>Her daughter needed a medicated shampoo to kill the lice in her hair and scalp, and they then needed to wash all the bedding and clothes in the house with hot water.</p>
<p>Ibikinisho bikoze mubyoya bidashobora kumesurwa bikwiye gutekerwa mu mashashi apfunze mu kiringo c'indwi zibiri, kugira ngo amagi yinda zoba zaratayemwo apfe.</p>	<p>Stuffed animals that cannot be washed must be put inside a sealed plastic bag for two weeks, to kill any eggs that the lice may have left inside.</p>