

**Gufata Imiti no Kwivura Magendu – 2**

**Safe, Smart and Healthy – Keys to Success in Your New Home**

**Medications and Home Remedies – 2**

**KINYARWANDA**

<p>Igihe kimwe Umugore wa Li yagiye kwa muganga amwandikira imiti ariyo prescription. Iyo prescription yerekeranye n'kibazo kyihariye ufite. Ayo mabwiriza yerekerana n'ibyo uvura. Ukoreshe uko ushoboye ubwire muganga wawe imiti yose waba warafashe cyangwa uburyo bwose wagerageje mbere yo kuza kwa muganga.</p>	<p>Other times, Mrs. Li has gone to the doctor's office and been given a prescription by the doctor. A prescription is for medicine that will treat a specific problem you have. Make sure you tell your doctor about all the medicines or cures you are taking, including other prescriptions and home remedies.</p>
<p>Imiti imwe imwe ushobora kuyibona ku ruhusa rwa muganga gusa. Iyo uvuye kwa muganga jyana urupapuro rw'imiti wahawe na muganga kuri farumasi hamwe n'ikarita yawe y'ubwishingizi. Bitewe n'ubwishingizi bwawe ushobora kwishyura igice cy'ikiguzi kuri buri muti.</p>	<p>Some medicines you can only get with a prescription from your doctor. When you leave the doctor's office, you take the prescription to the pharmacy with your insurance card to get the medicine. Depending on what kind of insurance you have, you may have to pay part of the cost for each prescription.</p>
<p>Ni ngombwa cyane ko ukurikiza amabwiriza uhawe na muganga ndetse n'umukuzi wo muri farumasi igihe utanga imiti. Niba hari ibyo udashoboye gusobanukirwa, ongera ubaze cyangwa usabe umusemuzi.</p> <p>Fata <i>urugero rukwiriye</i> baguhaye. Ugomba kuyifata ku masaha bakubwiye. <i>Komezagaufata</i> imiti kugeza urangije iminsi cyangwa ibyumweru baguhaye.</p> <p><i>Ntukigere usangira</i> umuti n'umuryango cyangwa inshuti. Umuti ni uwo gufatwa n'umurwayi bawandikiye wenyine.</p>	<p>It is extremely important that you follow the instructions given to you by your doctor and the pharmacist who gives you the medicine. If you do not understand the instructions, ask for them to be repeated, or request an interpreter.</p> <p>Take the exact <i>amount</i> of medicine that they tell you. Take it at the time of day they tell you. And <i>continue taking</i> the medicine for the number of days or weeks they tell you.</p> <p>Never <i>share</i> medicine with family or friends. A prescription medicine should only be taken by the patient it is for.</p>
<p>Iyo imiti itakumereye neza, wenda yatumye uremba kurushaho cyangwa idakoranye n'umubiri wawe (<i>aleriji</i>), hagarika kuyifata kandi uhite umenyeshya muganga wawe. Urugero niba</p>	<p>If you have a bad reaction to a medicine, if it makes you feel worse or you have an <i>allergic reaction</i>, stop taking the medicine and tell your doctor immediately. For example, if</p>

umuti ugutera guhumeka nabi, kubabara mu gituzza, uduheri cyangwa kuribwa mu gifu iyo ishobora kuba aleriji kubw'ibyo, ugomba kuvugana na muganga wawe ako kanya.

taking the medicine gives you breathing problems, chest pains, a rash, or stomach problems, this might be an allergic reaction and you should talk to your doctor immediately.