

**Him tein, Smart tein le Dam tein: Na um nak hmun thar
ah khuaawng pemh nak tawh fung hna.**

Sii hmang ning le harh dam nak caah inn lei i zoh khih ning – 3

**Safe, Smart and Healthy – Keys to Success in Your New Home
Medications and Home Remedies – 3**

HAKHA CHIN

<p>Sii bawi cattail mi ah na sii hna cu rungrul do tu (antibiotics) a si ah cun na tthat hnuzong ah sii an nin pek mi poh a dihlak in ding dih hna.</p>	<p>If the prescription is for antibiotics, you must take ALL of the medicine you are given, even after you are feeling better. Finish <i>all</i> of the antibiotics.</p>
<p>Na sii bawi nih attial mi rungrul do nak long na hmang lai zeitik hmanh ah na chungkhar a si lo ah na hawi le nih ram dang in an rak ken mi (antibiotics) hmang hlah. Antibiotics hi a mah le a sining te in hman lo ah cun nan zaw deuh lai i dam can a rau deuh lai.</p>	<p>Only use antibiotics that you have gotten from a prescription from your doctor. Never use antibiotics brought from other countries by family or friends. When antibiotics are not used correctly, you and your children can become even sicker, and it will take longer to get well.</p>
<p>Na sii din ding cu TB i khamh nak a si ah cun sii bawi chim mi can vial te chung na peh a herh. A can ah cun TB ca sii din ding hi thla 9 chung hna a si. Na din dih hlan ah naa din sual a si ah cun ttih a nung ngai ngai.</p> <p>TB sii din ding ti mi zulh dih hna lo ah cun na rak i tthial nak kong ah na buai lai i ram chung mi ah co hlan na si lai lo.</p>	<p>If your prescription is for a tuberculosis infection or to <i>prevent</i> tuberculosis, you must take all of the medicine for the entire time of the prescription. Sometimes tuberculosis medicine is prescribed for 9 months. It is very dangerous to stop taking this medicine before using it <i>all</i>.</p> <p>If you do <i>not</i> complete all the months of medicine for tuberculosis, you can jeopardize your immigration status and it will be harder to become a permanent resident or citizen.</p>